



*Make a difference
in a soldier's life.
Donate care package
items on game day!*

CANDY

Candy (heat resistant)
Fruit Breezes (throat drops)
Twizzlers

CORRESPONDENCE

Writing Paper and Envelopes
Pens/Pencils

DENTAL

Floss
Mouthwash
Toothbrushes
Toothpaste

DRINK

Coffee
Coffee Creamer
Gatorade (Powder)
Powdered Drink Mixes
Tea Mixes (sweet) (or tea bags)
KoolAid bursts- to freeze

FOOD (including dry goods, snacks)

Sugar packets
Bars (Clif or Balance)
Beef Jerky (**most popular request***)
Canned Fruit (pop top cans-not plastic)
Cereal (in small boxes)
Condiments Packages (ketchup, etc)
Girl Scout Cookies
Granola Bars
Gum
Oatmeal (instant)
Pop-Tarts
Ravioli (pop top cans)
Tuna and Chicken Kits

GAMES

Board Games (small)
Checkers (travel size)
Chess (travel size)
Crossword Puzzles
Playing Cards

MUSIC

CD Fanny Packs
CDs
Tapes

TOILETRIES/HYGIENE

Baby Wipes
Nose spray
Cold Water Wash (Woolite)
Eye Drops
Deodorant
Feminine Hygiene Products (for female soldiers)
Foot Powder
Hairbrushes
Hand Lotion
Hand Sanitizers (waterless)
Nail Clippers
Q-Tips
Razors (disposable)
Shampoo
Soap
Sunscreen
Tissues (heavy duty - i.e. Puffs)
Toilet Paper (including travel size)
Tylenol (individual packets)
Wash Cloths

OTHER

Plastic spoons, forks
American Flags (small)
Baggies (with zip lock)
Batteries (AA, D,)
Bug Spray (must be packaged in zip-lock bag)
Duct Tape
Disposable Cameras
Flashlights (mini/mag lite, extra bulbs, extra batteries)
Fans (battery powered - small - with extra batteries)
Fly Strips
Fly Swatters
Pre-Paid Phone Cards
Shoe Insole Cushions
Socks (cushioned)
Sunglasses (black - no brand names)
Sweatbands
Harmonicas
DVD's

Large economy sizes of licorice, snacks, nuts, etc do not fit in the boxes, (we do not open and handle the foods) liquids are not permitted by US post office, fruit cups in plastic containers break, and we do not send canned goods requiring a can opener. The large boxes of snacks that have individually wrapped serving sizes are best. Foods in individual pop-top cans are ok. Remember, items must fit into a 12" x 12" x 6" box. We have an overabundance of books at this time. Thank you.

Thank you for supporting the troops!
Sacramento Blue Star Moms
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